

# **YOGA** CAN BE THIS **POWERFUL!**

**HELP RAISE**  
**\$1,000,000**  
**in 100 DAYS**

Help do your part to make ours a better and more compassionate world.

Join with the yoga community worldwide to raise \$1,000,000 in 100 days for Project Air. Endorsed by the UN, Project Air is the only organization in the world that uses yoga to help girls and women in East & Central Africa overcome the devastating effects of genocidal rape, sexual violence and HIV/AIDS.